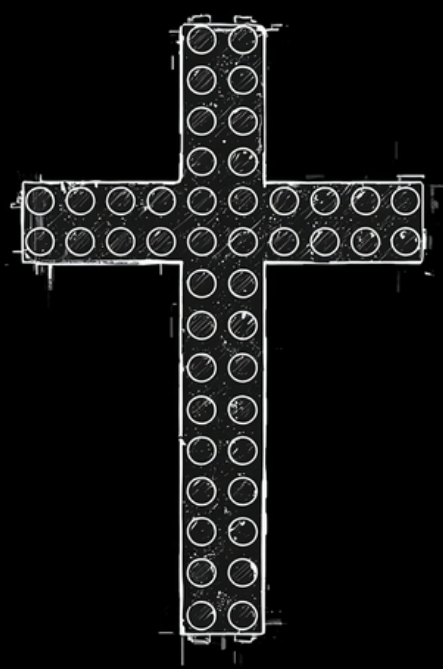


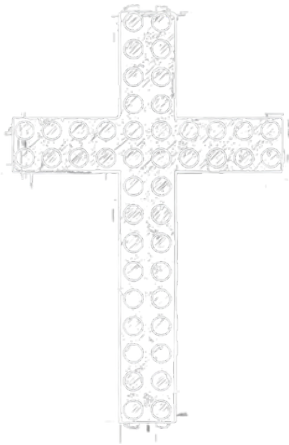


Ephesians
Get Built 

GROUP/FAMILY

Session 1

- Watch the sermon “Jimothy” on the Jesse Campbell Ministries/The Redemption Church YouTube Channel.
- Apply your life to the Bible alongside your group or family with the honest questions in this lesson.
- Be sure to close with “The Takeaway” and keep a journal of answered prayer requests in your final minutes together.



This week, both our sermon and session come from Ephesians 1:1-14.
For more resources, visit: jessecampbellministries.com

Context

The Church at Ephesus held a special place in God's heart. They received their own epistle. They are the original recipients of the first letter at the beginning of the Book of Revelation. Paul stayed longer with this church on his second missionary journey than any other church he helped to plant ([Acts 18,19](#)). In the end, they did not make it. All that remains is an engraved threshold. There is no modern congregation that even claims to have descended from them directly.

If it happened to a church planted by Paul, developed by Aquila and Priscila, and pastored by Timothy himself; it can absolutely happen to our church. Revelation 2:2,3 shows that this church was amazing in its prime, "I know your works, your labor, and your endurance, and that you cannot tolerate evil people. You have tested those who call themselves apostles and are not, and you have found them to be liars. I know that you have persevered and endured hardships for the sake of my name, and you have not grown weary." Y'all, they once kicked false teachers out. When did you last hear of a church doing that today? An autopsy of the once anointed congregation at Ephesus should humble even the most expository, the most doctrinally rigorous, the most Berean congregations alive.

If this church lost its way, we better Bible up, friend.

The Big Idea of the Text

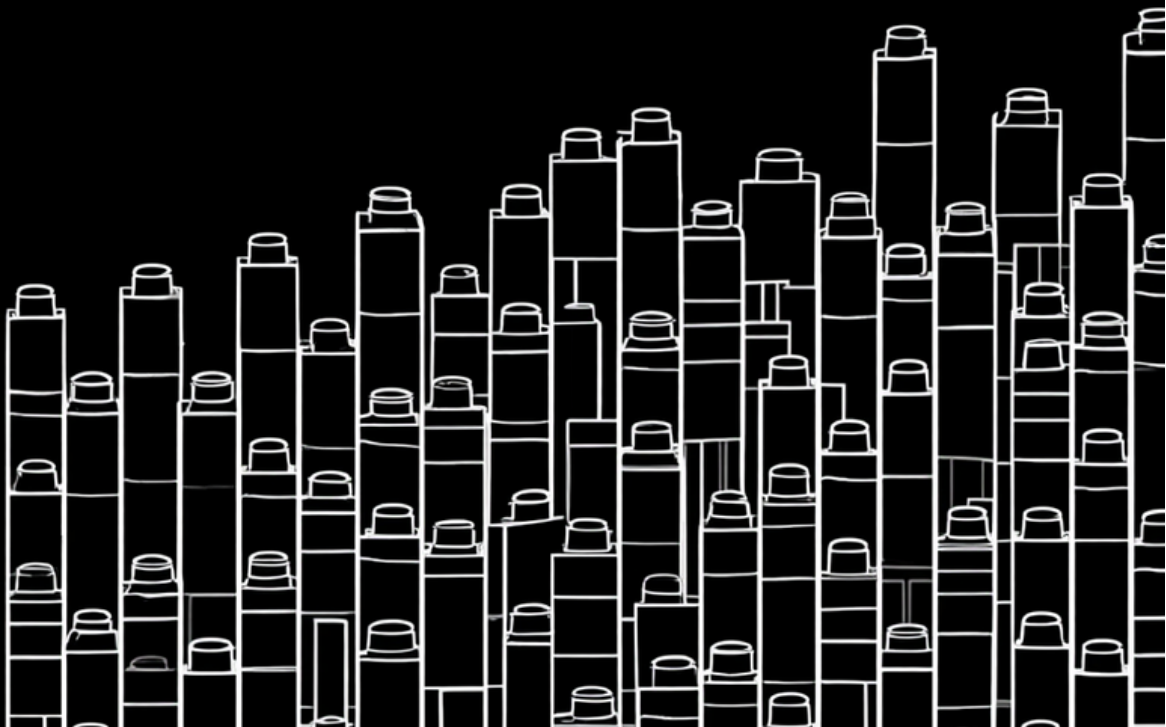
The Trinity is on full display in the most glorious, perfect, Holy Spirit-inspired run-on sentence ever found in the ancient Greek.

Connecting the Session to the Sermon:

While JCM curricula typically cover the text *following* the sermons, our studies of Ephesians and Romans will both take deliberately redundant scopes, scripturally.

The passage we heard this weekend, particularly verses 3-14, lays out a trinitarian feast for amateur theologians. The Bible is *rich* with depth and a clear study of the Trinity is given complete with labels in verses 3-14, one sentence in the original Greek. Spot the easy distinctions in the text and meditate aloud together on *why* they are there. The Father is foremost in verses _____, the Spirit is foremost in verses _____ and the Son in verses _____.

(There it is: the first fill-in-the-blank in JCM's 5 year history lol!)



Biblical Text (CSB) - Ephesians 1:1-14

Paul, an apostle of Christ Jesus by God's will:

To the faithful saints in Christ Jesus at Ephesus.

² Grace to you and peace from God our Father and the Lord Jesus Christ.

³ Blessed is the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavens in Christ. ⁴ For he chose us in him, before the foundation of the world, to be holy and blameless in love before him. ⁵ He predestined us to be adopted as sons through Jesus Christ for himself, according to the good pleasure of his will, ⁶ to the praise of his glorious grace that he lavished on us in the Beloved One.

⁷ In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace ⁸ that he richly poured out on us with all wisdom and understanding. ⁹ He made known to us the mystery of his will, according to his good pleasure that he purposed in Christ ¹⁰ as a plan for the right time—to bring everything together in Christ, both things in heaven and things on earth in him.

¹¹ In him we have also received an inheritance, because we were predestined according to the plan of the one who works out everything in agreement with the purpose of his will, ¹² so that we who had already put our hope in Christ might bring praise to his glory.

¹³ In him you also were sealed with the promised Holy Spirit when you heard the word of truth, the gospel of your salvation, and when you believed. ¹⁴ The Holy Spirit is the down payment of our inheritance, until the redemption of the possession, to the praise of his glory.

Applying Our Lives to the Text Together

- What is meant by Paul's apostolic distinctive, "of Christ Jesus by God's will (v.1)?" What made Paul different from the other apostles (1 Cor.15:8, Acts 9)?
- Surveying the big picture of verses 3-14, spot the Father, Son, and Holy Spirit in the clear language of the text. If you prefer, this question is presented in old-school fill-in-the-blank form above. In what verse do you see each?
- How long has it been since you ran your finger over the Word of God, studying the details of its form, diving into the text like that? How did it feel? Share.
- Do it again.
- Why does Paul feel comfortable jumping straight into predestination with his letter (vv.3-6;11,12)? How does this fit with the text's overall narrative of adoption (v.5,14)?
- Using your favorite winter coat as inspiration, describe how verse 13 feels on your heart.
- In a *loving* debate with a fellow believer who fears he may lose his salvation, how might you share verse 14? No, "Read verse 14, dummy," does not count.



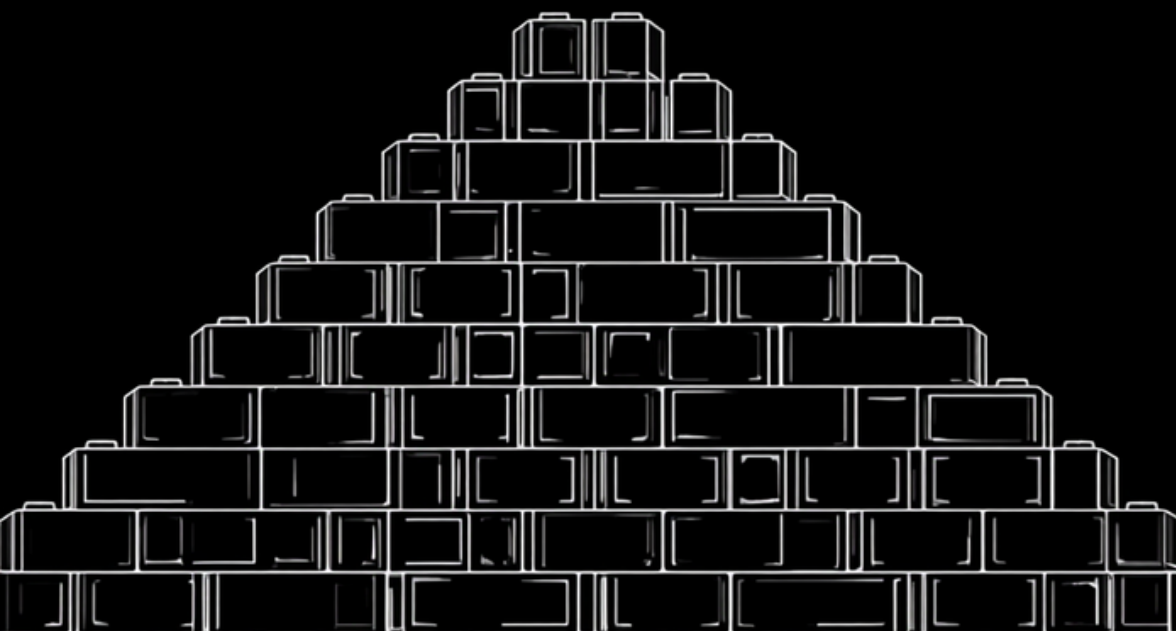
The Takeaway: So What, Church?

As a small group, pray specifically for one another's sleep tonight and throughout the week - that it would be the sleep of the blessed (v.3), adopted (v.5), sealed (v.14), and faithful saints (v.1), who are all LAVISHED with glorious grace (v.6), in Jesus' name, Amen!

For Parents:

SHOW YOUR KIDS JESUS IN THIS PASSAGE

Jesus is super easy to spot when we just read verses 7-12 of Ephesians 1. Highlight these verses in your Bibles together. Then, do the same with the verses on the Father and the Spirit. Mark up your Bibles any way your kid wants. Then, close your time together with the prayer outline above under "The Takeaway."



FOLLOW ALONG

Subscribe to Jesse Campbell Ministries on YouTube or on most podcast apps.

OTHER OFFERINGS

With an abundance of Bible Books to cover just like this study, there's plenty more to explore and learn from JCM, such as:

- The Seven Thunders: The Book of Revelation for Groups
- And Then You Will Know: The Book of Ezekiel for Groups
- Daniel: The Book of Daniel for Groups
- Dear Skeptical Friend: The Gospel of Luke for Groups
- Holy Dissident: Isaiah for Groups
- Letters to My Sons: The Pastoral Epistles
- Into The Fray: I Corinthians
- The God of All Comfort: II Corinthians
- Reason For Hope: 6 Apologetic Sessions for Groups
- The Sacred Acts: Ordinances of the Church
- The Revival Project: A Transformative Study of Nehemiah
- And many more!



Start your free 30-day trial with JCM by visiting us online at: jessecampbellministries.com

ABOUT JCM

Dr. Jesse Campbell is the founder and head Pastor of The Redemption Church, located on the outskirts of Seattle, WA. Jesse has a strong calling to preach the Bible as it is written. In the midst of a socially and religiously starving culture, his biblical foundation for understanding and preaching the gospel in a strong, clear, and concise manner has earned him a large following in a short amount of time. He's grown the JCM platform quickly, has been featured on national radio shows, and has been a guest speaker across the nation at many churches and large events.

Originally from the Pensacola, FL area, Jesse moved with his family to Nashville and worked at Lifeway Publishing for a while before completing his pastoral education. He was led to launch his own biblically-based church, The Redemption Church, in 2020.

Jesse is married to his wife, [Jessi](#), and they have had five children. Together they also run a conference for bereaved parents, in memory of their son, Aiden, called Aiden's Hope. When Jesse and Jessi aren't investing their time in JCM or The Redemption Church, you can find them on the bleachers cheering on many baseball and football games or mountain biking and snowboarding in the beautiful Pacific Northwest.